

Before & After Case Study of EMF Protection for Middle-Aged Couple



- Before & after testing of typical EMF stressed couple:
 - Chronic use of cell phones, laptops, iPads
 - "Smart house" full of wireless networks, appliances, gadgets
 - 1 electric and 1 hybrid car
 - Solar panels with converter
- Evaluation
 - Through physical / neurological / functional exam
 - Comprehensive blood analysis, CBC, UA, thyroid panel
 - Within 1 week before & ~30 days after device installation
 - No other changes in diet, exercise, lifestyle, etc.

- The couple was provided with the following EMF protection devices from EMF Harmony:
 - Harmonizer+ chips on cell phones
 - Harmonizer+ chips on WiFi routers
 - Harmonizer chips on laptops & tablets
 - Harmonizer+ chips on solar panel converter & electric car charger
 - Harmonizer Car devices for cars (1 electric & 1 hybrid)
 - Home & Office Kit whole house protection system

Summary results of male subject (age 58):

- Vitamin D increased 47%: so important to health & well-being
- Optimal blood glucose at 82: was in the pre-diabetic zone
- Optimal kidney function: improved filtration, specific gravity, pH
- Improved liver function: better liver enzymes, iron storage
- Improved thyroid profile: better thyroid hormone levels and T3 uptake
- Pupillary oscillation (++++ pre, + post): improved adrenal response/reserves
- Thoracolumbar range rotation improved 75%: better spinal, visceral, fascial range of motion
- Lymphatic drainage: improved lymphatic quality & quantity of return
- Shoulder flexion range of motion: substantial increase in ROM
- Pulse rate slowed by 11%: improved cardiovascular function, autonomic balance
- Neurological functions: substantial improvements in autonomic, cranial, cervical & lumbar motor neurological functioning

Results of male subject bloodwork:

Parameter	12/19/2019	1/21/2020	Change	Comments
Blood Glucose	92	82	- 11%	No longer pre-diabetic
Uric Acid	6.5	5.5	- 9%	Improved processing of nitrogen, purine proteins
Potassium	5.0	4.6	- 9%	Balanced Potassium absorption, utilization
LDH	162	179	+ 9%	Improved enzyme of tissue creation of energy
AST (SGOT)	38	25	- 34%	Improved liver, kidney, heart enzyme levels
TIBC	389	355	- 9%	Improved iron storage and liver function
Triglycerides	80	72	- 10%	Improved storage of calories into the fat cells
Thyroxine (T4)	8.2	9.0	+ 10%	Improved thyroid hormone, precursor to T3

Results of male subject bloodwork (continued):

Parameter	12/19/2019	1/21/2020	Change	Comments
T3 Uptake	27	22	- 19%	Increased bioavailability of free T3 Hormone
Vit. D, 25-Hydr.	33.2	48.7	+ 47%	Increased neurotransmitter, Calcium absorption & metabolism
WBC	4.6	5.4	+ 17%	Increased immune function, acute & chronic infection response
Urinalysis Specific Gravity	1.017	1.008	- 53%	Decreased viscosity of the urine, easier on kidney for recycling waste & detoxification
Urine pH	8.5	6.5	+ 24%	Improved pH reflects acidity & alkalinity of kidney waste, was too alkaline
T4, Free (direct)	1.19	1.30	+ 9%	Precursor of T3 biologically active thyroid hormone

Results of male subject physical examination:

Parameter	12/19/2019	1/21/2020	Change	Comments
Pupillary Oscillation	++++	+	Improved constriction of pupil	Decreased adrenal exhaustion, compromised vasoconstriction
ThoraoLumbar (T/L) Rotation	Bilateral 40°	Bilateral 70°	+75% increase in ROM	Improved spinal/visceral range of motion (ROM)
T/L Diaphramatic excursion	50% optimal	60% optimal	+20% increased diaphram ROM	Increased vital capacity, ability to oxygenate, ventilate
Shoulder Flexion	Bilat. 95 degrees	L 130 degrees R 120	+ L 37% ROM +R 26%	Improved range of motion, without physical therapy or manual treatment
Lymphatic Drainage, Subclavian Term.	+40% normal	+50% normal	+25%	Lymphatic quality & quantity of the return for the whole body

Results of male subject physical examination (continued):

Parameter	12/19/2019	1/21/2020	Change	Comments
Sensation Numb Spots	Everything normal except: L GB 40.5, SP 4, 1" diameter	None present, normal sensation		Improved neurological, brain sensory awareness
Cervical Nerve Root Muscle Test	Bilat. C8 3+/5+. T1 3+/5+	Bilat. C8 3+/5+. T1 5+/5+	T1 Nerve Root Level, optimal	T1 NRL improved to normal, optimal function
Lumbar Nerve Root Level Muscle Test Bilat.	L3, L4 R L5, S1 3+/5+	All 5+/5+	No abnormal findings	Restoration of optimal nerve root function for muscle strength
Cranial Nerves (CN) evaluation with AK challenge	CN 10 of 12 positive, right brain	CN 5 of 12 positive, R & L Brain WNL		Improved function of cranial nerves by 50%, R brain WNL
Pulse	63 bpm	56 bpm	+ 11%	Slower heart rate, improved cardiovascular functioning

Summary results of female subject (age 49):

- Vitamin D increased 29%: so important to health & well-being
- Optimal blood glucose at 82: was close to the pre-diabetic zone
- Optimal kidney function: filtration, specific gravity, improved pH
- Homocysteine dropped by 16%: improved detoxification, energy production, methylation, less inflammation
- Blood pressure normalized: also negative Raglands test, autonomic regulation, no drop in blood pressure with standing
- Pupillary oscillation (+++ pre, + post): improved adrenal response/reserves
- Thoracolumbar range rotation improved 180% to left and 70% to right: better spinal, visceral, fascial range of motion
- Neurological functions: substantial improvements in autonomic, cranial, peripheral neurological functioning

Results of female subject bloodwork:

Parameter	12/19/2019	1/21/2020	Change	Comments
Blood Glucose	87	82	- 6%	This drop in glucose is always important
Uric Acid	3.0	2.7	- 10%	Improved processing of nitrogen, purine proteins
eGFR	91	105	+ 15%	Improve est. glomerular filtration rate, kidney filtration of blood, plasma
Globulin, total	2.1	1.9	- 9.5%	Large insoluble proteins
A/G Ratio	2.1	2.5	+ 19%	Change due to slight increase in albumin & slight drop in globulin, no change in total protein
UIBC	147	238	+ 62%	Improved Iron binding
Iron Saturation	50	20	- 60%	More free Iron for body to utilize
Triglycerides	44	55	+ 25%	Was too low, now storing glucose as a fatty acid

Results of female subject bloodwork (continued):

Parameter	12/19/2019	1/21/2020	Change	Comments
Vit. D, 25-Hydr.	41.2	53.1	+ 29%	Increased neurotransmitter, Calcium absorption & metabolism
WBC	4.5	3.1	- 31%	Patient caught bad cold right after lab test, decreased immunity
Lymphocytes	35%	52%	+ 49%	Acute infection
Urinalysis Specific Gravity	1.022	1.016	- 10%	Decreased viscosity of the urine, easier on kidney for recycling waste & detoxification
Urine pH	6.0	6.5	+ 8.3%	Improved pH reflects the alkalinity of kidney waste, was more acidic
Iron	146	61	- 58%	Was borderline excess, now lower normal
Homocysteine	8.2	6.9	- 16%	Decreased metabolic waste product of cysteine, methionine, methylation, inflammation process

Results of female subject physical examination:

Parameter	12/19/2019	1/21/2020	Change	Comments
Blood Pressure Supine Standing	130/84 105/75	112/72 118/80	Hypertensive at 1st test, optimal at 2nd	Overall BP Improved + Raglands test 1, - test on 2, improved adrenal function, vasoconstriction 2nd test
Pupillary Oscillation	+++	+	Improved constriction of pupil	Decreased adrenal exhaustion, compromised vasoconstriction
ThoraoLumbar (T/L) Rotation	Left 30° Right 50°	Bilateral 85°	Substantial increase in bilateral ROM	Improved spinal/visceral range of motion (ROM)
T/L Diaphramatic excursion	40% optimal	50% optimal	+25% increased diaphram ROM	Increased vital capacity, ability to oxygenate, ventilate
Anterior Head Carriage	2"	1"	Big change	Improved posture, blood, lymph flow to/from head, cranial/cervical nerve function

Results of female subject physical examination (continued):

Parameter	12/19/2019	1/21/2020	Change	Comments
Lymphatic Drainage, Subclavian Term.	40% normal	60% normal	+ 50%	Lymphatic quality & quantity of the return for the whole body
Salivary pH	6.5	7.0	+ 8%	Improved alkalinity of saliva, body terrain decreased acidosis
Cervical Nerve Root Muscle Test	Left C5,6,8,T1 3+5+ others 5+/5+	L C5 3+/5+ Others 5+/5+	Only L C5 compromised	L C6,8, T1 NRL improved to 5+/5+ normal, optimal function
Lumbar Nerve Root Level Muscle Test Bilat.	Core muscles, Psoas, Iliacus, Adductors, Glut. Med, R L4/S1 all 3+/5+	All 5+/5+	No abnormal findings	Restoration of optimal nerve root function for muscle strength
Cranial Nerves (CN) evaluation with AK challenge	CN 12 of 12, Sacral 2,3,4,5, Right Brain positive	Sacral 2,3,4,5		Improved function of cranial nerves by 50%, R brain WNL

Results of female subject physical examination (continued):

Parameter	12/19/2019	1/21/2020	Change	Comments
Pulse	59 bpm	54 bpm	- 8.5%	Slower heart rate, improved cardiovascular functioning
Positive Allen's Test	7 second return of blood to hand	2 – 3 second return of blood to hand	Negative Allen's Test	Remarkable improved circulation to hand (distal extremity)
Salivary Nitric Oxide (NO) test	Depleted	Optimal	NO restoration	NO is essential to blood vessel dilation, improved circulation

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 Learn more about EMF protection from EMF Harmony at: www.emf-harmony.com